2016 CANADA WEST CHAMPIONSHIP MEET - ORDER OF EVENTS

Friday

SESSION 1
3:00 – 3:50 pm  Warm-ups
4:00 – 5:00 pm  Heats – Events 1 - 8

#1  Women’s 50m Butterfly
#2  Men’s 50m Butterfly
#3  Women’s 50m Backstroke
#4  Men’s 50m Backstroke
#5  Women’s 50m Breaststroke
#6  Men’s 50m Breaststroke
#7  Women’s 800m Freestyle
#8  Men’s 1500m Freestyle

SESSION 2
5:30 – 7:30 pm  Finals – Events 1 – 10

#7  Women’s 800m Freestyle (Fastest Heat only)
#8  Men’s 1500m Freestyle (Fastest Heat only)
#1  Women’s 50m Butterfly
#2  Men’s 50m Butterfly
#3  Women’s 50m Backstroke
#4  Men’s 50m Backstroke
#5  Women’s 50m Breaststroke
#6  Men’s 50m Breaststroke
#9  Women’s 4 x 200m Freestyle Relay
#10 Men’s 4 x 200m Freestyle Relay

Saturday

Session 3
8:30 – 9:50 am Warm-ups
10:00 – 12:00 noon Heats, Events 11-22

#11 Women’s 50m Freestyle
#12 Men’s 50m Freestyle
#13 Women’s 400m Individual Medley
#14 Men’s 400m Individual Medley
#15 Women’s 100m Butterfly
#16 Men’s 100m Butterfly
#17 Women’s 200m Backstroke
#18 Men’s 200m Backstroke
#19 Women’s 100m Breaststroke
#20 Men’s 100m Breaststroke
#21 Women’s 200m Freestyle
#22 Men’s 200m Freestyle

**Session 4**
3:30 – 4:50 pm Warm-ups
5:00 – 7:30 pm Finals, Events 11-24

#11 Women’s 50m Freestyle
#12 Men’s 50m Freestyle
#13 Women’s 400m Individual Medley
#14 Men’s 400m Individual Medley
#15 Women’s 100m Butterfly
#16 Men’s 100m Butterfly
#17 Women’s 200m Backstroke
#18 Men’s 200m Backstroke
#19 Women’s 100m Breaststroke
#20 Men’s 100m Breaststroke
#21 Women’s 200m Freestyle
#22 Men’s 200m Freestyle
#23 Women’s 4 x 100m Freestyle Relay
#24 Men’s 4 x 100m Freestyle Relay

Sunday*

**Session 5**
7:30 – 8:50 am Warm-ups
9:00 – 11:00 am Heats, Events 25-36

#25 Women’s 200m Butterfly
#26 Men’s 200m Butterfly
#27 Women’s 100m Freestyle
#28 Men’s 100m Freestyle
#29 Women’s 200m Individual Medley
#30 Men’s 200m Individual Medley
#31 Women’s 100m Backstroke
#32 Men’s 100m Backstroke
#33 Women’s 200m Breaststroke
#34 Men’s 200m Breaststroke
#35 Women’s 400m Freestyle
#36 Men’s 400m Freestyle

**Session 6**
12:30 – 1:50 pm Warm-ups
2:00 – 4:00 pm Finals, Events 25-38

#25 Women’s 200m Butterfly
#26 Men’s 200m Butterfly
#27 Women’s 100m Freestyle
#28 Men’s 100m Freestyle
#29 Women’s 200m Individual Medley
#30 Men’s 200m Individual Medley
#31 Women’s 100m Backstroke
#32 Men’s 100m Backstroke
#33 Women’s 200m Breaststroke
#34 Men’s 200m Breaststroke
#35 Women’s 400m Freestyle
#36 Men’s 400m Freestyle
#37 Women’s 4 x 100m Medley Relay
#38 Men’s 4 x 100m Medley Relay

*Note: As per Playing Regulation 8.3 the Sunday session times may be modified. The 2017 Canada West Championship Sunday Session times were approved as follows:

Session 5
7:30 – 8:50 am Warm-ups
9:00 – 11:00 am Heats, Events 25-36

Session 6
1:30 – 2:50 pm Warm-ups
3:00 – 5:00 pm Finals, Events 25-38