

2016 CANADA WEST CHAMPIONSHIP MEET - ORDER OF EVENTS

Friday

SESSION 1

3:00 – 3:50 pm

Warm-ups

4:00 – **5:00 pm**

Heats – Events 1 - 8

- #1 Women's 50m Butterfly
- #2 Men's 50m Butterfly
- #3 Women's 50m Backstroke
- #4 Men's 50m Backstroke
- #5 Women's 50m Breaststroke
- #6 Men's 50m Breaststroke
- #7 **Women's 800 m Freestyle**
- #8 **Men's 1500m Freestyle**

SESSION 2

5:30 – 7:30 pm

Finals – Events 1 – 10

- #7 **Women's 800m Freestyle (Fastest Heat only)**
- #8 **Men's 1500m Freestyle (Fastest Heat only)**
- #1 Women's 50m Butterfly
- #2 Men's 50m Butterfly
- #3 Women's 50m Backstroke
- #4 Men's 50m Backstroke
- #5 Women's 50m Breaststroke
- #6 Men's 50m Breaststroke
- #9 Women's 4 x 200m Freestyle Relay
- #10 Men's 4 x 200m Freestyle Relay

Saturday

Session 3

8:30 – 9:50 am Warm-ups

10:00 – 12:00 noon Heats, Events 11-22

- #11 Women's 50m Freestyle
- #12 Men's 50m Freestyle
- #13 Women's 400m Individual Medley
- #14 Men's 400m Individual Medley
- #15 Women's 100m Butterfly
- #16 Men's 100m Butterfly
- #17 Women's 200m Backstroke
- #18 Men's 200m Backstroke
- #19 Women's 100m Breaststroke
- #20 Men's 100m Breaststroke

#21 Women's 200m Freestyle

#22 Men's 200m Freestyle

Session 4

3:30 – 4:50 pm Warm-ups

5:00 – 7:30 pm Finals, Events 11-24

#11 Women's 50m Freestyle

#12 Men's 50m Freestyle

#13 Women's 400m Individual Medley

#14 Men's 400m Individual Medley

#15 Women's 100m Butterfly

#16 Men's 100m Butterfly

#17 Women's 200m Backstroke

#18 Men's 200m Backstroke

#19 Women's 100m Breaststroke

#20 Men's 100m Breaststroke

#21 Women's 200m Freestyle

#22 Men's 200m Freestyle

#23 Women's 4 x 100m Freestyle Relay

#24 Men's 4 x 100m Freestyle Relay

Sunday*

Session 5

7:30 – 8:50 am Warm-ups

9:00 – 11:00 am Heats, Events 25-36

#25 Women's 200m Butterfly

#26 Men's 200m Butterfly

#27 Women's 100m Freestyle

#28 Men's 100m Freestyle

#29 Women's 200m Individual Medley

#30 Men's 200m Individual Medley

#31 Women's 100m Backstroke

#32 Men's 100m Backstroke

#33 Women's 200m Breaststroke

#34 Men's 200m Breaststroke

#35 Women's 400m Freestyle

#36 Men's 400m Freestyle

Session 6

12:30 – 1:50 pm Warm-ups

2:00 – 4:00 pm Finals, Events 25-38

#25 Women's 200m Butterfly

#26 Men's 200m Butterfly

- #27 Women's 100m Freestyle
- #28 Men's 100m Freestyle
- #29 Women's 200m Individual Medley
- #30 Men's 200m Individual Medley
- #31 Women's 100m Backstroke
- #32 Men's 100m Backstroke
- #33 Women's 200m Breaststroke
- #34 Men's 200m Breaststroke
- #35 Women's 400m Freestyle
- #36 Men's 400m Freestyle
- #37 Women's 4 x 100m Medley Relay
- #38 Men's 4 x 100m Medley Relay

***Note: As per Playing Regulation 8.3 the Sunday session times may be modified. The 2017 Canada West Championship Sunday Session times were approved as follows:**

Session 5

7:30 – 8:50 am Warm-ups

9:00 – 11:00 am Heats, Events 25-36

Session 6

1:30 – 2:50 pm Warm-ups

3:00 – 5:00 pm Finals, Events 25-38

